

**CANADIAN WEIGHTLIFTING FEDERATION  
HALTÉROPHILE CANADIENNE (CWFHC)**

**ATHLETE ASSISTANCE PROGRAM (AAP)  
ELIGIBILITY CRITERIA  
2011**

**May 14, 2010**  
*Adopted by Sport Canada*

**The purpose of this document is to develop a mechanism to allow Canadian weightlifters to qualify for Sport Canada Athlete Assistance Program (AAP).**

**CWFHC provides the technical assistance to Sport Canada for the carding approval process by providing nominations that are in accordance with the approved carding criteria. Sport Canada approves or rejects the candidature submitted.**

For more information on the AAP program, please consult the Sport Canada Web site: <http://www.pch.gc.ca/pgm/sc/pol/athl/index-eng.cfm>

## **1 - Introduction**

### *1.1 AAP objectives*

The AAP has three specific objectives:

- to identify and support Canadian athletes performing at or having the greatest potential to achieve top 16 results at Olympic/Paralympics Games and World Championships;
- to help Canada's international-calibre athletes excel at the highest levels of competition while assisting them to prepare for a future career or engage in full- or part-time career activities; and
- to allow athletes to maintain a long-term commitment to training and competition to further their goals.

### *1.2 Minimum Requirements for Athlete to Qualify for the AAP*

- The CWFHC must meet the minimum requirements of Sport Canada like “the NSO must formally monitor and evaluate athletes’ training and competitive programs.”
- AAP support is subject to athlete’s availability to represent Canada in major international competitions, including World Championships, Olympic Games and Paralympics Games; participation in preparatory and annual training programs; and adherence to their Athletes/CWFHC agreement.
- The athlete must be a Canadian citizen or PERMANENT RESIDENT OF CANADA on the date of the beginning of the carding cycle, and the athlete shall have been a legal resident in Canada (student status, refugee status, work visa or permanent resident) for a minimum period of one year before being considered for AAP support. The athlete will have to participate to CWFHC program during this period.
- The athlete, under the eligibility requirements of the International Weightlifting Federation (IWF), as it pertains to citizenship, must currently be

- eligible to represent Canada at major international events including World Championship.
- Athletes must meet the carding criteria as a member of a Canadian Team, at international events or in a domestic event or events sanctioned by the CWFHC for such purposes.
  - Should an athlete be dropped for any reason, Sport Canada will not issue a replacement card before the start of the next period, in accordance with general AAP policy.
  - Athletes and their coaches must be members in good standing with a Provincial Weightlifting Association, member of CWFHC.

### *1.3 Doping Violations*

Athletes must respect and comply with the Canadian Policy Against Doping in Sport, as well as the Canadian Anti-Doping Program of the Canadian Centre for Ethics in Sport (CCES), as a condition of funding under the AAP.

For more information on sanctions related to anti-doping, refer to [Sport Canada's Anti-Doping Sanctions](#).

<http://www.pch.gc.ca/pgm/sc/pol/athl/113-eng.cfm>

### *1.4 General information*

- a. Nine (9) Senior Cards, including National Cards (SR/C1) and the Senior International Cards (SR1/SR2), will be available for the CWFHC. Sport Canada will revise the carding quotas for Olympic and non-olympic sports after the 2010 Olympic Games. This may impact the number of cards allocated to weightlifting.
- b. The attribution of the cards will be done regardless of athlete gender (combined ranking men & women).
- c. There will be a maximum of three (3) athletes nominated for senior cards (SR1, SR2, SR & C1), in each weight class.
- d. General rule: The qualification period will extend over one calendar year every year (from January 1 to December 31) and the carding will be allocated for twelve (12) months, from January 1 to December 31.
- e. A minimum of one athlete from each gender will be nominated for carding support, provided that there is a least one athlete from each gender that meets the carding criteria. To be nominated, the athlete must meet the senior international (SR1/SR2) criteria or the senior national (SR/C1) criteria indicated at the paragraph 2.2. To guarantee a minimum level of performance for this special condition, the athlete must attain or exceed twice (2) the minimum of

85% of the applicable Senior Markers, at least one of those two performances has to be done in the period of July 1<sup>st</sup> 2010 to December 31, 2010.

- f. For any matters related to the Athlete Assistance Program Nomination or de-carding, all appeals must follow the Policies and Procedures of Sport Canada's Athlete Assistance Program (AAP) Section 13  
<http://www.pch.gc.ca/pgm/sc/pol/athl/114-eng.cfm>

## **2 – Conditions for carding**

*2.1 Senior International Card (SR1/SR2):* for the athletes who attain the following Sport Canada's international criteria:

The Senior International Cards are allocated in priority to athletes placing in the top eight (8) AND top half (1/2) in their category at the Senior World Championships or at the Olympic Games. One athlete per country per category will be accounted for.

The athletes who meet international criteria may be recommended by the CWFHC for two consecutive years, the first year certificate is called SR1 and the second year certificate SR2. For the second year certificate, the athletes must meet the following conditions:

- Must place in the top 12 and in the first (Top ½) half of his category at the Senior World championships in the list of valid competitions. The results of all the athletes of the same category that have made a Total will be calculated. For example: supposing that 21 athletes have made a Total in his category, the athlete concerned must finish 10<sup>th</sup> or better.
- This athlete must also:
  - Be recommended by the CWFHC;
  - That a competition and training program approved by Sport Canada and the CWFHC must be followed.
  - The athlete must also sign the Athlete/CWFHC agreement and fill a PAA form for the year concerned.

*2.2 Senior National Card (SR/C1):* for the athletes who meet the following CWFHC requirements:

The remaining Senior cards will be allocated according to the markers ranking system established by the CWFHC and the selection criteria applicable for the National team ranking (see Appendix 2). The following procedures will be used to identify the athletes:

2.2.1) For ranking and selection, a total of two best performances, converted in percentages of the 2010 Senior Markers (%M) calculated to triple digits will be taken into consideration from the list of the qualification events.

2.2.2) The two best percentages (%M) of the 2010 Senior Markers will be added (Total Marker: %TM) for each athlete. These performances could be done in different categories.

2.2.3) The Total Marker (%TM) will be used to rank the athletes in decreasing order, regardless of the athlete's gender.

2.2.4) At least one of those two performances has to be done from July 1<sup>st</sup> 2010 to December 31<sup>st</sup> 2010.

2.2.5) The athletes that participated and achieved a total at the 2010 Senior World Championships (SRW-2010), a 2% bonus will be added to the performance achieved at SRW 2010 for the calculation of their card. In the case where an athlete achieved higher performances in other valid competitions, the performance achieved at the SRW will not be used. Example: an athlete in the 56 kg category achieved 88 % at SRW-2010, add a bonus of 2 %, which gives him a total Marker of 90 % in the calculation of performance that may be recognized for the AAP. However, he achieved 91 % and 93 % in 2 other valid competitions. The performance with bonus will not be used for the Total Marker (%TM).

2.2.6) At least one valid performance must equal or exceed 85 % of the Senior Marker (Markers in Appendix 1) of this bodyweight category (except when Clause 1.4.e applies where 2 performances are required). This performance of 85 % does not include the 2% bonus stated in the article 2.2.5.

2.2.7a) In case of a tie in the same category, the ranking reached at the Senior World Championships (SRW) during the qualification period shall be kept as the discriminating factor (*including the 2 % bonus points*).

Cat.	Competition	Total 1 (T1)			Competition	Total 2 (T2)		Total (T1 + T2)
		Rk	Total	% MSR 100 %		Total	% MSR	% MSR
63 kg Bdw (62.67kg)	SRW	10 <sup>th</sup>	200 kg	89.413% + 2% = 91.413%	Other	200 kg	89.413%	180.826% <b>1<sup>st</sup></b>
63 kg Bdw (62.95kg)	SRW	12 <sup>th</sup>	200 kg	89.413% + 2% = 91.413%	Other	200 kg	89.413%	180.826% <b>2<sup>nd</sup></b>
Bdw = bodyweight                      % MSR = percentage of the Senior Marker								

2.2.7b) In case of a tie in the same category and none of the athletes competed at the Senior World Championships during the qualification period, the ranking obtained at the Canadian Senior Championships (CCSR) of the qualification period shall be the discriminating factor retained for the athletes concerned.

Cat.	Competition	Total 1 (T1)			Competition	Total 2 (T2)		Total (T1 + T2)
		Rk	Total	% MSR 100 %		Total	% MSR	
63 kg <b>Bdw</b> <b>(62.67kg)</b>	CCSR	1 <sup>st</sup>	200 kg	89.413%	Other	200 kg	89.413%	178.826% 1 <sup>st</sup>
63 kg Bdw (62.95kg)	CCSR	2 <sup>nd</sup>	200 kg	89.413%	Other	200 kg	89.413%	178.826% 2 <sup>nd</sup>

2.2.7c) In case of a tie in the same category and none of the athletes have participated in the Senior World Championships or the Canadian Senior Championships during the qualification period, the highest MSR % obtained at the 3<sup>rd</sup> highest performance of these 2 athletes shall be the discriminating factor retained for the athletes concerned. If there is still a tie, the 4<sup>th</sup> performance shall be the discriminating factor retained and so on.

Cat.	Competition	Total 1 (T1)			Competition	Total 2 (T2)		Total (T1 + T2)
		Rk	Total	% MSR 100 %		Total	% MSR	
63 kg	Other		200 kg		Other	200 kg		
					T3	197 kg	88.072%	1 <sup>st</sup>
63 kg	Other		200 kg		Other	200 kg		
					T3	195 kg	87.178%	2 <sup>nd</sup>

2.2.8a) In the case of an inter-category tie and one athlete only has participated and made a total at the Senior World Championships of the qualification period (*including the 2 % bonus*), this athlete shall obtain the higher rank.

2.2.8b) In the case of an inter-category tie and none of the athletes have participated in the Senior World Championships of the qualification period, the ranking obtained at the Canadian Senior Championships shall be retained as the discriminating factor.

2.2.8c) In the case of an inter-category tie and none of the athletes have participated in the Senior World Championships of the qualification period and the athletes have reached the same ranking at the Canadian Senior Championships, the highest

% of the 2010 Senior Marker in the 3<sup>rd</sup> valid competition shall be the discriminating factor retained for the athletes concerned. If there is still a tie, the 4<sup>th</sup> performance shall be the discriminating factor retained and so on.

2.2.9) The bodyweight category of the latest performance which qualifies the athlete for carding will be used to establish the category of the athlete.

*A probationary card, C1, will be allocated to athletes who attain the Senior National Card requirements for the first time. The monthly allocation for these cards is the same as the development cards, 900\$ per month and support for the tuition fees if applicable, in regards to Sport Canada policy in this matter.*

2.3 Number of years for the senior national card:

2.3.1 Normally, athletes who have reached the IWF senior age may hold a senior national card (SR/C1) for a maximum of 6 years.

2.3.2 To be eligible for a 7<sup>th</sup> year or more at this level the athlete must meet the national senior criteria and must place in the first half (Top ½) of his category at the Senior World championships in the list of valid competitions. The athlete must demonstrate an improvement toward the required performances in order to obtain a senior international card (SR1 and SR2) and be recommended by the CWFHC.

To determine if the athlete has finished in the first half, the results of all the athletes in his category will be calculated. For example: supposing that 21 athletes have made a Total in his category, to determine if the athlete has placed within the first half, he must place 10<sup>th</sup> or better.

2.3.3 In the case that an athlete does not participate or does not achieve the required rank at the Senior World championships in the list of valid competitions, the athlete must attain or exceed twice (2) the minimum of 90% of the applicable Senior Markers in valid competitions. The 2% bonus indicated at the article 2.2.5 will be used in the 90 % calculation.

2.3.4 The number of years carded at senior national level (SR/C1) when the athlete is of IWF junior age will not count in the 6 years maximum period referred to in 2.3.1.

*2.4 Priority in the allocation of cards:* The following order will determine the allocation of the cards:

1. Senior International Card - SR1/SR2
2. Senior National Card – SR/C1

### 3 - Extract from the Athlete/CWFHC Agreement

The carded athlete (Senior International Card - SR1/SR2 or Senior National Card – SR/C1) will have to participate at the Canadian Senior Championships of the carding period;

and be available to participate in at least one of the competitions held in this carding period: (competition listed by chronological order)

- Junior World Championships (if eligible);
- . Senior World Championships & Olympic Qualification Event.

The Athlete must be eligible and make sure that he/she qualifies to participate at these competitions.

Regarding the international competitions, the participation is subject to financial support from the CWFHC.

In the event that a mandatory competition takes place within 30 days of the Canadian Championships, the athlete will have the option of competing in either the Canadian Championships or the mandatory competition.

### APPENDIX 1 - THE MARKERS

#### SENIOR MARKERS 2010 (Top 16)

MEN / Cat.	56 kg	62 kg	69 kg	77 kg	85 kg	94 kg	105 kg	+105 kg
Marker - 100%	264.141	293.344	321.063	348.359	365.031	381.250	395.047	413.641
Marker - 85%	224.520	249.342	272.904	296.105	310.276	324.063	335.790	351.595

WOMEN / Cat.	48 kg	53 kg	58 kg	63 kg	69 kg	75 kg	+75 kg
Marker - 100%	181.203	199.531	212.156	226.875	232.031	241.375	264.094
Marker - 85%	154.023	169.601	180.333	192.844	197.226	205.169	224.480

## **APPENDIX 2 - SELECTION CRITERIA FOR NATIONAL TEAM**

- 1) performance valid in competition subject to doping control;
- 2) competition of provincial level or higher calibre;
- 3) maximum of 2 athletes per category;
- 4) using the highest % of the Senior Makers of the category;
- 5) results must to be sent to CWFHC;
- 6) performances achieved between January 1<sup>st</sup> to June 30 qualify for the period of July 1 to December 31, and vice versa (those dates are different for carding - see General information).
- 7) All the members of a Canadian team are required to be members in good standing of their provincial Association.

## **APPENDIX 3 - VALID COMPETITIONS FOR THE AAP – 2011**

### PERIOD OF JANUARY 1<sup>ST</sup>, 2010 TO JUNE 30, 2010

1)	Canadian Senior Championships
2)	Pan-American Championships
3)	Junior World Championships

### PERIOD OF JULY 1<sup>ST</sup> 2010 TO DECEMBER 31<sup>ST</sup>, 2010

4)	World University Championships
5)	Senior World Championships & Olympic Qualification Event
6)	Commonwealth Games
7)	Ontario Open
8)	British Columbia Senior Championships
9)	Compétition Qualification Québécoise

All these competitions must be subject to doping control.

The Provincial Associations must comply with the requirements to confirm the validity of these events by sending the CWFHC form “REGISTRATION FOR ANTI-DOPING CONTROL” within the proper time frame and sending the results to CWFHC in a 2 weeks period after the competition. The organizer / provincial association who does not respect these basic requirements may have the event declare non-valid.